



P4 Values in Action Trash to Treasure

MARCH 21 -22, 2023

A meaningful way to spend two afternoons creating a heartfelt gift

The 2023 Applied Learning Programme (ALP), with the theme “Trash to Treasure”, was held as an after-school workshop for Primary 4 students over two days. The aim of the programme was to teach the girls how to make miniature bean-filled pillows, which would then be gifted to National Kidney Foundation (NKF) patients. A total of about 20 parent volunteers assisted the girls in this venture.

On the first day of the workshop, the endearing girls eagerly awaited the guidance of the parent volunteers, who helped them to prepare the two pieces of cloth and stitch them together. The form teachers reminded the girls to put into practice the life skills they had previously learnt in cross-stitching. With the patient guidance of the parent volunteers, the girls were able to overcome their initial difficulties with the stitching thus displaying admirable integrity and courage. They also demonstrated excellent teamwork, helping each other out where needed. The second day of the workshop focused on further stitching, and most of the girls were able to complete their pillows with the continued support and encouragement of the parent volunteers.

The sense of accomplishment was palpable, with satisfaction and pride warming the hearts of the parent volunteers. As parent volunteers, we were extremely grateful to the school and the teachers in charge, Mr Low Hock Siang, Mr Justin Yeo and Mrs Joanne Teo for providing this precious moment for us to have such a meaningful experience to bond with our daughters in a simple activity and witness how they embodied the CHIJ core values. We look forward to more of such parent-student activities later in the year.



By Justin de Silva, dad of Daphne (P4 Daisy)