

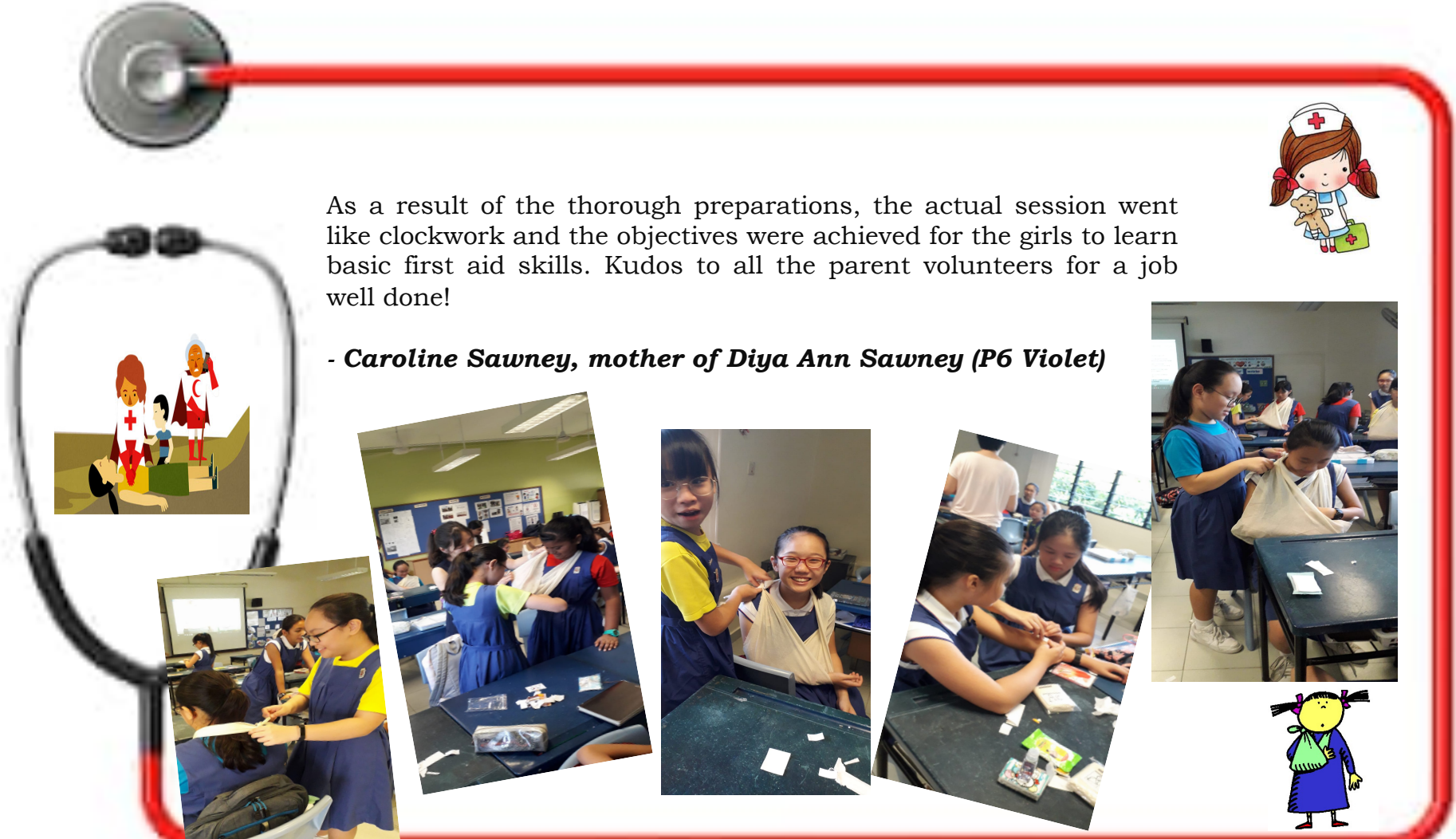
## *P6 Life Skills - First Aid Skills*



This was my first time helping with the Life Skills session as a parent volunteer after many years of procrastinating. It was very well organised and one could sense the enthusiasm and commitment from the organisers from the very first WhatsApp message to the face-to-face briefing on the day itself.

Contact was made many weeks in advance along with the schedule for the day as well as instructional videos. This allowed us to prepare for the session. Everything was also very well organised on the day of the event. Materials were packed and sorted by class so everyone knew exactly where to go. A final briefing was held again so everyone knew exactly what to do.





As a result of the thorough preparations, the actual session went like clockwork and the objectives were achieved for the girls to learn basic first aid skills. Kudos to all the parent volunteers for a job well done!



**- Caroline Sawney, mother of Diya Ann Sawney (P6 Violet)**

